



## HOUGHTON CYCLING CLUB'S

Open Hill Climb – Quarrington Hill

Sunday 15th October 2023

Course: MH10

**First Rider: 11:01am**

Timekeepers: Frances Schultz & Peter Schultz

Event Secretary: Lee Statham, 12 Aldsworth Close, Springwell Village, Gateshead. NE9 7PG

Email: [lee.m.statham@gmail.com](mailto:lee.m.statham@gmail.com)

Tel: 07974008969

Results will be posted on the Northumberland & Durham Cycling Association Facebook page as soon as they are received from the Timekeepers on the afternoon of the event.



Promoted for and on behalf of Cycling Time Trials under their rules and regulations.



## Event Sign On / Event Headquarters – Heather Lad Inn, Quarrington Hill, Co Durham DH6 4QD

Sign on is at the Heather Lad Inn at the top of Quarrington Hill from 09:45am. Please use the car park at the left-hand side of the pub (through the gates). If full, there is additional parking on the grass verges towards Quarrington Hill Village but please be respectful of local residence. Parking at the front of the pub is reserved for TT officials.

- It is recommended that you come dressed to race given the limited changing facilities.

### Course Details

START opposite gatepost of entrance to field situated on the south side of unclassified road leading to Quarrington Hill village. The start itself is also approximately 500 metres past the “Y” junction to Old Cassop when heading south-east in the direction of Quarrington Hill. From the start continue south-east up the hill to FINISH past the brow of the hill and adjacent to the beginning of the Heather Lad public house building (Chequered flag)

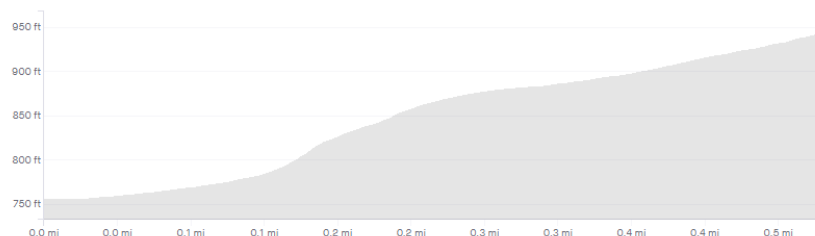
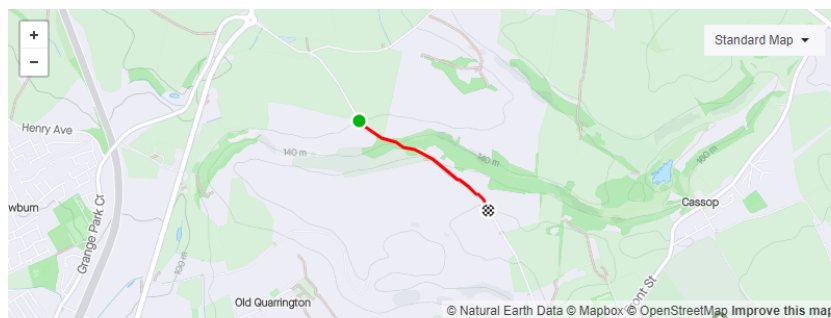
<https://www.strava.com/segments/1630182>

### ★ Quarrington Hill - HC

Ride Segment Cassop, County Durham, United Kingdom

Distance	Elevation Gain	Avg Grade	Lowest Elev	Highest Elev	Elev Difference
0.53mi	0ft	6.7%	756ft	944ft	188ft

14,960 Attempts By 2,142 People





## Rider Instructions

- No competitor shall be allowed to start unless they have affixed to their bike a working FRONT AND REAR light (either constant or flashing). The front light should be WHITE, and the rear light RED. Lights should be illuminated and clearly visible to other road users.
- No competitor shall be allowed to start unless they are wearing a properly affixed helmet of hard/soft shell construction conforming to recognised safety standards.
- No U Turns to be made by riders in the vicinity of the Timekeeper at the START or FINISH.
- No warming up on the course once the event has started.
- Vehicles of Competitors / Officials / Marshals / Helpers to be parked safely and without hindrance to other road users.
- All riders are responsible for their own safety.
- Head down riding is strictly forbidden.
- Please shout your number as you pass the Timekeeper on the finish line.
- To assist the Timekeepers at the finish line can you please ensure that your number is correctly placed and visible from the rear in line with CTT regulations. If your number is too high, the Timekeepers may not be able to see it. The number shall be centrally positioned below the waist to be clearly visible from the rear when the rider is in his/her normal riding position.
- Please wait until all the riders are finished before riding down (and consequently back up) to collect any item of clothing left at the start line.

## Additional Notes

- Parental consent forms will be available for all under 18s at the start and must be filled in by the parent before the rider can start.



### Signing-on Sheet and Signing-out Sheet

- (a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.
- (b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.
- This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed, you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required, you must report to Doping Control after finishing without delay.

### Awards Categories

1 <sup>st</sup> Female	£30
2 <sup>nd</sup> Female	£15
3 <sup>rd</sup> Female	£10
1 <sup>st</sup> Male	£30
2 <sup>nd</sup> Male	£15
3 <sup>rd</sup> Male	£10
1 <sup>st</sup> Junior / Juv	£30